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Organización Panamericana de la Salud

*Oficina Regional de la
Organización Mundial de la Salud*

EDUCATION & PROMOTION IN OCCUPATIONAL SAFETY & HEALTH

**II Hemispheric Workshop on Safety and
Occupational Health
Challenges within the mandates of the IV
Summit of the Americas**

El Salvador, 16 y 17 May 2006

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CONTENT

- Background of the IV Summit
- Reference Framework of Health promotion and Health Education
- Initiative of Healthy Work Spaces
- Examples of interventions:
 - Tool box,
 - Health Workers Network,
 - Women Movement, MEC

Background: IV SUMMIT

- Heads of State and Government reaffirmed the key role of the creation of decent work in order to meet the commitments to reduce poverty and strengthen the democratic governance
- They recognized the value of work as an activity that structures and dignifies life, as an effective instrument of social interaction and as an environment for the participation of the society

Background:

Declaration of Mar del Plata

- Commitment to adopt policies for the creation of more & better rural and urban jobs, looking at people first with regard to the work places, business and the economy

reaffirming respect for the Declaration of the Principles and Fundamental Labor Rights of the ILO (1998), and committing to strengthen the application of the national labor laws

reiterating the need for increasing the investment in infrastructure and achieving enabling environment in order to create work and increase productivity

emphasizing importance of promoting education and training with the objective of creating a duly educated and prepared workforce

Background:

Action Plan of the IV Summit

- Commitment to eliminate forcible work (2010) and eradicate the worst forms of child labor (2020) and diminish the number of children who work in violation to the national laws

Need for developing policies in order to put an end to labor discrimination, to increase opportunities for job for older adults and people with disabilities

Importance of the respect for labor laws of migrants and their families and urgency to develop inclusive policies and of access to decent work

Improve conditions of health and safety in the occupational one, and to ensure effective systems of labor inspection and social security

Importance of promoting the inclusive social dialogue as policy proposition instrument in the matter

HEALTH PROMOTION

- Process that makes it possible for the people to increase **the control** over its health in order to improve it

(Ottawa Charter for the Health Promotion, WHO, Geneva, 1986.

- Political and social global process that includes actions geared toward **strengthening abilities and individual capacities**, and toward **modifying social, environmental, and economic conditions**, for the purpose of mitigating its impact in the public and individual health
- Makes it possible for the people to increase **its control over the determinants of health** and improve it. Their participation is essential in order to sustain the action with regard to health promotion

Background: Health Promotion

Basic strategies for health promotion
(Ottawa Charter)

- **advocate** in order to create essential health conditions
- **facilitate** that all people be given the develop its complete potential health
- **mediate** in favor of the health among the different interests found in the society

Background: Health Promotion

Areas of Priority Action (**Ottawa Charter**)

- Establish a **healthy public** policy
- Create **environment** that supports health
- Strengthen **community action** for health
- Develop **personal skills**, and
- Reorient **health services**

Background: Health Promotion

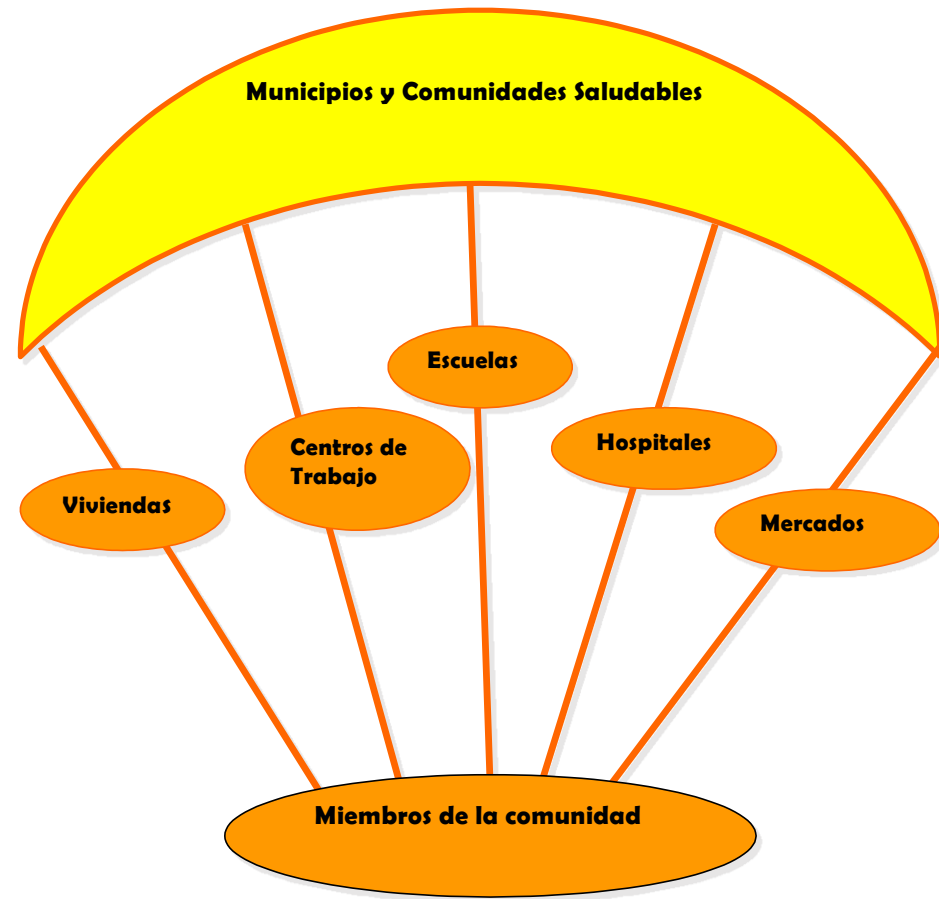
Priorities (Declaration of Jakarta)

- Promote **social responsibility** for health.
- Increase **investments** for health development
- Expand **collaboration** on health promotion issues
- Increase **community capacity** and **empowerment of individuals**
- Guarantee an infrastructure for health promotion

HEALTH EDUCATION

- which includes opportunities for learning, created consciously, that imply communication designed to improve health knowledge and development of personal skills that lead to individual and community health
- which addresses transmission of information, creation of motivation, personal abilities, and self-esteem necessary for adopting measures destined to improve health
- which includes information related to social, economic and environmental underlying conditions that influence health, risk factors and patterns of risk as well as the use of the health care system

In these spaces, meet various social actors, exist rules of living together and come together determining elements (economic, social, basic services, health, environmental) and is where ones can implement the strategies of health promotion



Workers' Health Regional Plan : Objectives

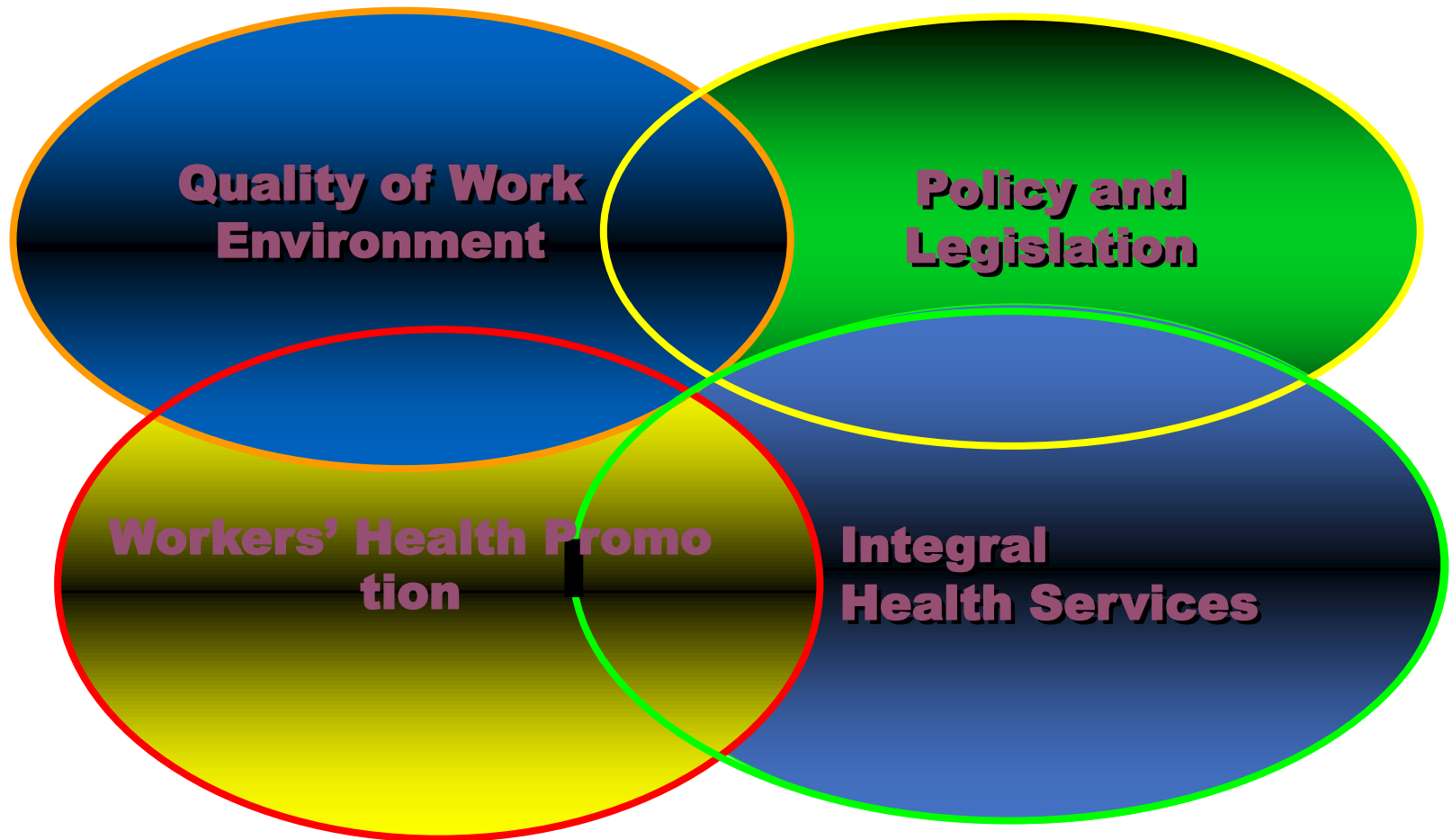
Actors:

- International and national
- Governments
- Labour Organization
- Private Sector
- NGOs
- Universities
- Collaborating Centers



“Improve life conditions, health and safety in the workplaces and well-being of the workforce in order to advance sustainable human development ”

Workers' Plan Regional Plan: Program Areas



Health for All in the XXI Century

Healthy Work Places

Aspecto	Espacios laborales saludables
Objetivo general	Lograr la participación de todos los actores aunando esfuerzos para que los trabajadores laboren en un ambiente sano y seguro.
Objetivos específicos	<ul style="list-style-type: none">• Fortalecer la ejecución de las actividades de promoción de la salud a nivel local, colocando la promoción de la salud como la más alta prioridad del programa político• Apoyar la participación de las autoridades del gobierno y la participación activa de la comunidad• Fomentar el diálogo, compartir el conocimiento y experiencia y estimular la colaboración entre los municipios y los países
Metodología	<p>Hacer uso de las estrategias de la promoción de Salud</p> <ul style="list-style-type: none">• Abogacía: prioriza en agenda política• Mediación: compromiso efectivo por el bien común• Facilitación: intercambio de experiencias, potenciación, incorporación de actores

Aspecto	Espacios laborales saludables
Planificación	<ul style="list-style-type: none"> • Conformación de grupos de trabajo • Selección de Metas y Objetivos • Diseño e implementación de las acciones • Realización de las actividades • Evaluación
Indicadores	<ul style="list-style-type: none"> • Lugar en la Agenda • Satisfacción de las partes • Grupos y sectores de la comunidad involucrados • Mejoría en los indicadores de salud laboral • Redes y alianzas estratégicas establecidas
Actividades	<ul style="list-style-type: none"> • Un documento de compromiso con el desarrollo de la iniciativa firmado por los participantes. • Un grupo de trabajo representativo formado • Evaluación de necesidades y planes de acción • Inclusión institucional

Healthy Work Environment in Central America

Tool Box



Seek to strengthen active participation of people involvement in the workplaces: employers and employee, performing most of the activities, but executed and monitored by local and national facilitating groups

Colaboración de CERSSO, OIT, OPS.

STRATEGY

Creation y Training of
National Facilitator Group

Creation y Training of
Local Facilitator Group

Employers

Mix
Commissions
Training

BOS
Training

Employee Training



Facilitator Groups y Sectors

- **Ministries:** Labour, Health and Social Security
- Labour Organizations
- Employer Representations
- PAHO
- **Nicaragua:** assemblage, sugar & health workers
- **El Salvador:** assemblage workers
- **Honduras:** assemblage workers, banana growers
- **Guatemala:** floriculture workers

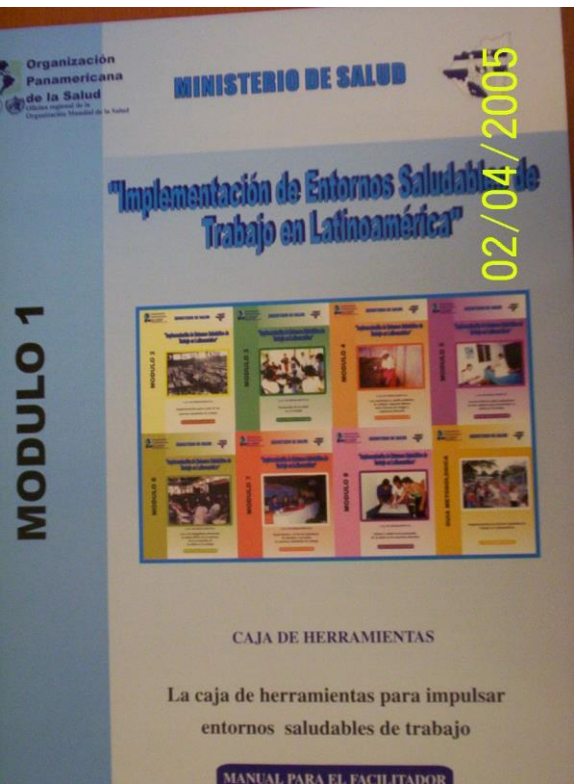
Materials

- 8 modules (employers, mix commissions, workers in general)
- Labour record on risks and exigencies (risk effect prevention)
- Materials of CERSO, OIT, PAHO



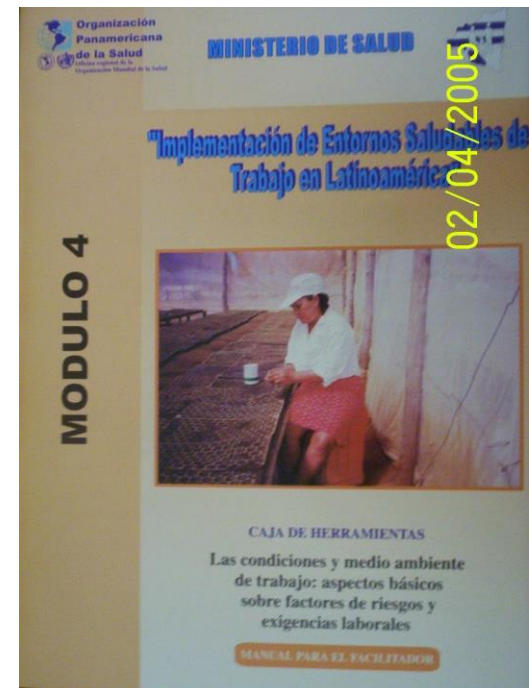
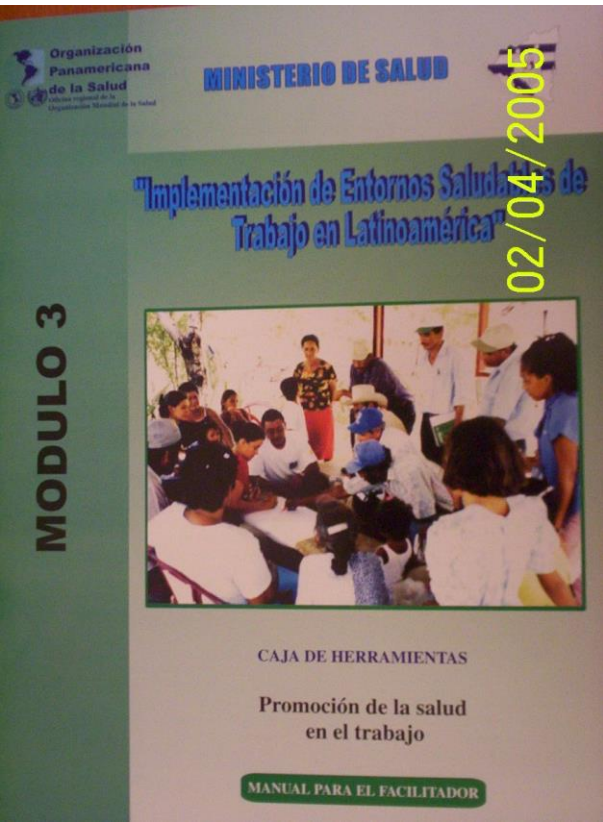
Modules

- 1. Tool Box to facilitate healthy work spaces
- 2. Step-by-step Implementation of healthy work places



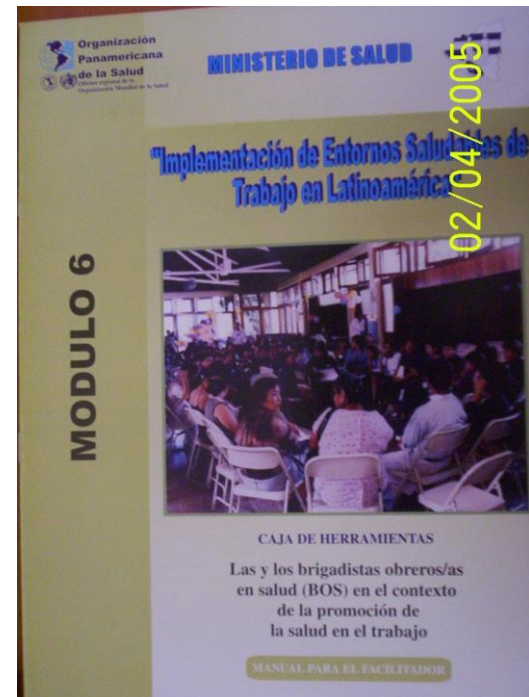
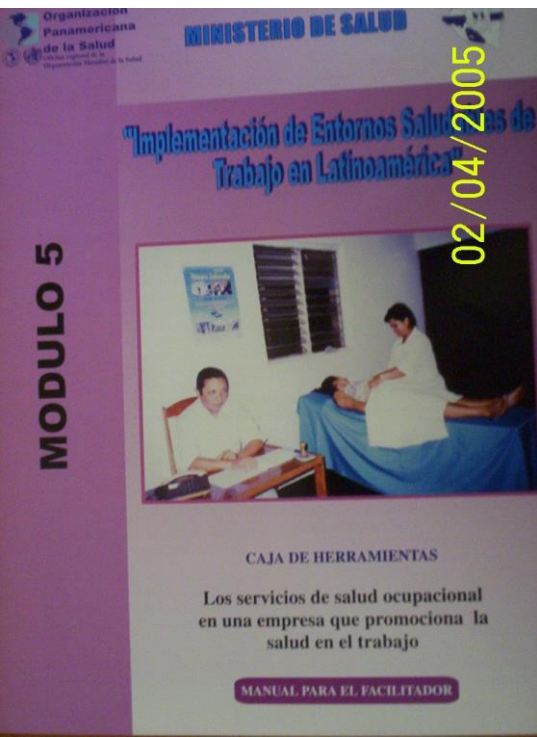
Modules

- 3. Health promotion in work places
- 4. Work conditions and environment : basic aspects on risk factors and work requirements



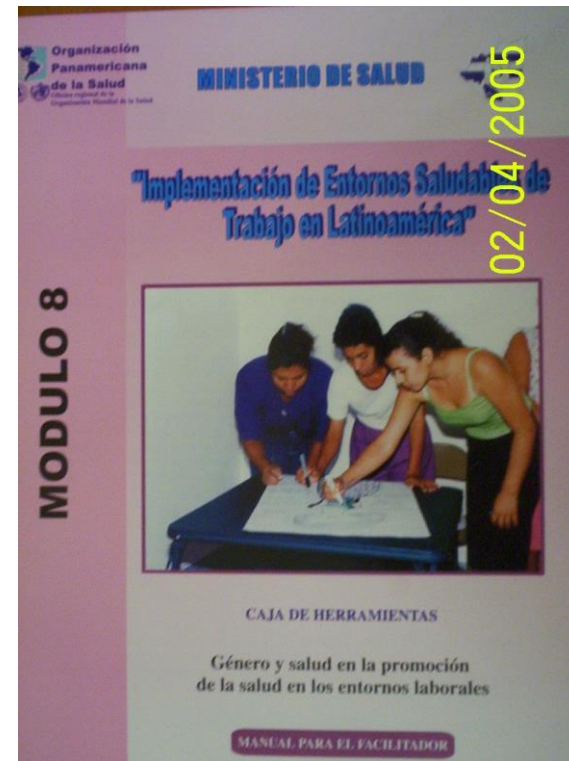
Módulos

- 5. Occupational health services in an enterprise which promotes health in the work places
- 6. Activist health workers in the context of health promotion in the work places



Modules

- 7. Importance and role of decision makers including investment in healthy work spaces
- 8. Health and gender in health promotion in healthy work spaces

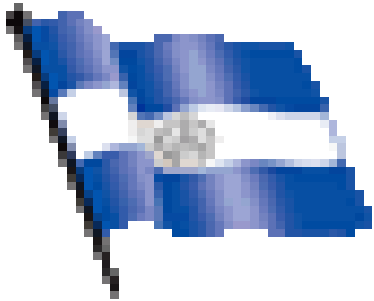


ACHIEVEMENTS

- Valid educative materials
- Applicable in all sectors
- Diagnostic support, training, intervention to reduce risks
- Coordination between employers, workers y state authorities



NETWORK OF HEALTH WORKERS IN NICARAGUA



Network of Health Workers in **Nicaragua**

Formed in December of 2002, sub-commission CNHS in 2003

- Universities: León, Managua, Verona- Italy
- Ministries: Work, Health, Social Security
- Workers: National Union of Employees, Union Confederation of Workers José Benito Escobar, Movement of Women Maria Elena Cuadra, Confederation of Action and Union Unit
- Employers: Chamber of Industry of Nicaragua, Chamber of Commerce, Corporation of Duty-free Zones
- ONG: Movimondo, Center Humboldt, Regional Safety Center and Occupational Health
- PAHO/WHO

16. NGOs, University, PAHO Network

Trabajadoras y Empleadores

de maquila, es más fácil prevenir...
...que lamentar y mucho más barato.

En nuestro trabajo la productividad se puede garantizar con buena salud y seguridad laboral. El uso de equipos de seguridad y el chequeo médico preventivo es importante.



El Trabajo y la Salud Laboral es..
¡¡Mí Derecho!!
Empleo si... pero con Dignidad.



Movimiento de Mujeres Trabajadoras y Desempleadas
"María Elena Cuadra" y
Red de Salud de los Trabajadores



The Organizations which form part of the Health Network in Nicaragua (Source: MEC)





Launching of the Campaign



Health workers' network meeting in the headquarters of MEC

Source: MEC

2004 ACHIEVEMENTS

- **Education:** 1000 assemblage worker trained in health, labor law and social security, Graduate of Occupational Medicine (30 graduates), training to NETWORK in Tool Fund, training to Joint Commissions of HS of health sector, 3 companies textileras and 2 Sugar Refineries trained in tool Fund
- **Advocacy:** Participation in Campaign of Incidence National and Regional Policy for the respect for the rights of the worker, in particular of the in-bond assemblies (Promoted by MM MEC), participation in colloquia of worker/ace of the In-bond Assemblies
- **Facilitation:** international collaboration (University of Verona and Region Veneto of Italy), resources of NGOS (international & national)
- **Mediation:** advisory services to Joint HS Commissions, direct advisory services to the National Council of Occupational Safety and Health

2005 -2006 ACHIEVEMENTS

Advocate for the Occupational Health as national priority
Support to the National Plan of Hygiene and Health of the workers.
Intersectoral coordination for development of preventive policies
Develop of model of occupational primary care
Facilitate active participation of workers and employers in actions of safety and occupational health.
Promote Forum National of Health Occupational
Coordinate with other health NETWORKS of Latin American countries.
Identify absent and professional or limited technical contents in the technical and professional careers.
Develop Graduate of Hygiene and Safety for labor inspectors
Create the occupational health specialty and to promote refresher courses in occupational health.
Promote international cooperation in occupational health

RECOMMENDATIONS

- **Promotion:** promotion of policies and laws for healthy work spaces, occupational health and rights; health information systems labor (sub-regional observatory); support networking sub-regional and regional; technological support for communities of learning and virtual exchange; advisory services to national councils, forums, inclusive dialogue*, and multi-sectoral commissions
- **Education:** review of occupational health theme in the technical curricula of undergraduate and graduate workers, broad use of tool box, support for technical and university training programs, applied research in critical subjects: child labor, discrimination, migrants, informal sector, social security, labor inspection

THANK YOU